## PRESERVING MEMORY THROUGH MUSIC

Increasing at epidemic rates, more than five million Americans have Alzheimer's. Science has shown that music stimulates memory and mood in those suffering from dementia and other neurological challenges. Panelists include professional/personal caregivers, artists who perform in care facilities, and an Alzheimer's sufferer. They will explore innovative approaches in music therapy. Q&A, then *Alive Inside* screening *(Sundance 2014 Audience Award.)* 

*Moderator:* **Stephanie P. Ledgin,** journalist-author; caregiver **Adam J. Meier,** RN, MSN; Neuroscience Dept., Univ. of KS Medical Ctr. **Dennis W. Moore,** Former Congressman (D-KS);

Alzheimer's spokesperson; folk performer

- Stephene Moore, RN; Region VII Dir., U.S. Dept.-Health & Human Services; Alzheimer's spokesperson; caregiver
- Danny Cox, Folk performer/actor
- Jon Vezner, Grammy winning songwriter; co-composer "Where've You Been" (about Alzheimer's)
- Dan Cohen, MSW; Founder/Executive Director, Music & Memory

## ALIVE INSIDE: A STORY OF MUSIC & MEMORY

This 2014 Sundance U.S. Documentary Audience Award winner follows social worker Dan Cohen as he brings iPods to nursing homes and discovers that people with dementia seem to "awaken" when provided music familiar to them from younger days. As renowned neurologist Oliver Sacks explains, "Music evokes emotion and emotion can bring with it memory." Q&A with Dan Cohen follows screening.